



Savoury Appetizers



One company, so many great products.

trends

Trends in appetizers.

Appetizers are becoming a focal point for value for the hospitality industry.

Independent Fish is pleased to offer you this incredible selection of savoury appetizers from only our best suppliers.

Ready-made appetizers save you time and money.

Your clients will enjoy our many delectable varieties at a fraction of the cost it would take to make - not to mention the savings in inventory.

Now you can spend more time on marketing your business rather than in the kitchen making appetizers.

Enjoy the best Independent Fish has to offer.



One company, so many great products.

www.independentfish.com



Chicken Satay

● Chicken tenderloin meat on a 6" skewer. Delicious plain or with your favorite sauce.



#02416

100 pc. per case
\$79.99 cs.

Cost per Piece
79¢ ea.



Chicken Chilito

● A colourful pinwheel of seasoned chicken tenderloin, red, green and yellow peppers and fiery jalapeno cheese, hand-threaded on a 4" skewer. (.80oz.)



#2066

100 pc. per case
\$97.00 cs.

Cost per Piece
97¢ ea.



Chicken Quesadilla Trumpet

● A spicy blend of smoked chicken, Monterey Jack cheese, peppers and fresh cilantro rolled in a flour tortilla trumpet. (.70oz.)



#765

200 pc. per case
\$112.00 cs.

Cost per Piece
56¢ ea.



Mini Chicken Kabob

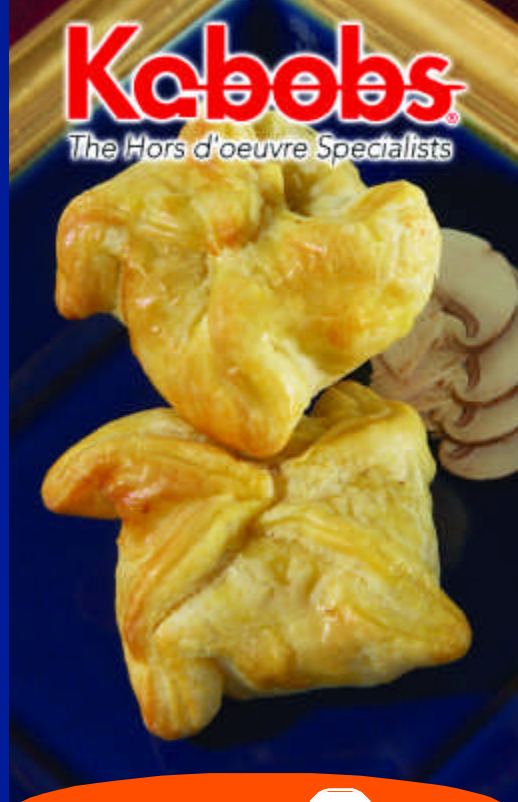
● A tender piece of chicken breast with red and green peppers and a pineapple chunk on a 4" skewer. (.75oz.)



#2000

200 pc. per case
\$104.00 cs.

Cost per Piece
52¢ ea.



Kabobs

The Hors d'oeuvre Specialists

Mini Chicken Wellington

● A delicate marriage of tender chicken breast and mushroom duxelle wrapped in a French-style pastry. (1.1oz.)



#727

200 pc. per case
\$172.00 cs.

Cost per Piece
86¢ ea.



Kabobs
The Horn of Abundance Specialists

Mini Beef Wellington

● A savoury piece of beef tenderloin accented with mushroom duxelle wrapped in a French-style pastry. (1.1oz.)

 #7259

200 pc. per case
\$178.00 cs.

Cost per Piece
89¢ ea.



Steak Chilito

● A colourful pirouette of seasoned sirloin steak, red, green and yellow peppers and fiery jalapeno cheese hand-threaded on a 4" skewer. (.75oz.)

 #1067

100 pc. per case
\$99.99 cs.

Cost per Piece
99¢ ea.



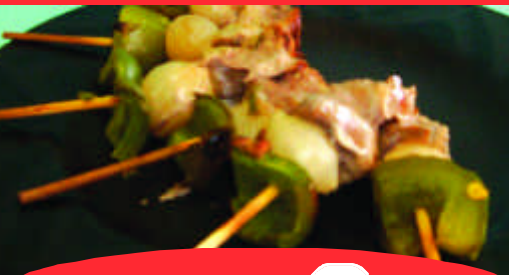
Beef Satay

● A succulent strip of beef on a 6" skewer. Perfect plain or served with your favourite sauce. (.80oz.)

 #01502

100 pc. per case
\$82.00 cs.

Cost per Piece
82¢ ea.



Mini Beef Kabob

● A tender piece of sirloin nestled between red and green peppers and a pearl onion on a 4" skewer. (.75oz.)

 #100

200 pc. per case
\$106.60 cs.

Cost per Piece
53¢ ea.



Beef Empanada

● A mouth-watering mixture of shredded beef, cheddar cheese, jalapenos and exotic spices wrapped in corn masa pastry. (1.0oz.)

 #715

100 pc. per case
\$76.00 cs.

Cost per Piece
76¢ ea.



Chorizo Sausage Calzone

● This unique half moon calzone pastry is filled with spicy Chorizo sausage, black beans and Monterey Jack Cheese (1.0 oz.)

 #886

100 pc. per case
\$69.00 cs.

Cost per Piece
69¢ ea.

beef



Mini Vegetable Springroll

● A light mixture of Chinese vegetables tossed with soy sauce, sesame oil and a touch of fresh ginger wrapped in a mini eggroll wrapper. (0.65oz.)



#8661

200 pc. per case
\$110.00 cs.

Cost per Piece
55¢ ea.



Mini Shrimp Springroll

● A colourful mixture of shrimp and Chinese vegetables tossed with soy sauce, sesame oil and a touch of fresh ginger and wrapped in a thin springroll wrapper. (.65oz.)



#8671

200 pc. per case
\$130.00 cs.

Cost per Piece
65¢ ea.



Vegetable Springroll

● A colourful mixture of Chinese vegetables tossed with soy sauce, sesame oil and a touch of fresh ginger wrapped in a springroll wrapper. (1.25oz.)



#866

200 pc. per case
\$138.00 cs.

Cost per Piece
69¢ ea.



Southwest Springroll

● Spicy Chorizo sausage, black beans and Monterey Jack cheese blended with Southwestern spices creates the perfect fusion of East meets West. (1.15oz.)



#864

200 pc. per case
\$156.00 cs.

Cost per Piece
78¢ ea.



Mini Cashew Chicken Springroll

● A wonderful combination of chicken, cashews and julienne Chinese vegetables seasoned with a tangy Oriental barbeque sauce and wrapped in a delicate springroll wrapper. (.65oz.)



#8645

200 pc. per case
\$114.00 cs.

Cost per Piece
57¢ ea.



Szechuan Beef Springroll

● A mixture of beef and fresh julienne vegetables blended with a spicy Szechuan sauce and gently rolled into an Oriental springroll wrapper. (1.25oz.)



#8611

200 pc. per case
\$170.00 cs.

Cost per Piece
85¢ ea.

Kabobs

The Hors d'oeuvre Specialists



Breaded Parmesan Artichoke Hearts

• Quartered artichoke hearts topped with goat cheese, battered and rolled in a parmesan breading. (1.0oz.)



#815

200 pc. per case
\$156.00 cs.

Cost per Piece
78¢ ea.



Kalamata Olives and Artichoke Tart

• A sundried tomato and fresh herb tart shell filled with a creamy mixture of Kalamata olives, artichokes and goat cheese to create this decadent hors d'oeuvre. (1.0oz.)



#7005

200 pc. per case
\$144.00 cs.

Cost per Piece
72¢ ea.



Mushroom Tarts

• Shiitake, Oyster, Portobello, Cremini and Button mushrooms, fresh herbs and Swiss cheese fill a flaky handmade chive tart shell. (1.0oz.)



#707

200 pc. per case
\$166.00 cs.

Cost per Piece
83¢ ea.



Wild Mushroom in Phyllo Beggar's Purse

• Portobello, Cremini, Shiitake, Oyster & Button mushrooms blended with savory seasonings and a hint of brandy in a butterfly phyllo purse. (.70oz.)



#0751

100 pc. per case
\$92.00 cs.

Cost per Piece
92¢ ea.



Spinach Pesto Flatbread

• Fire-roasted vegetables, fresh asparagus, spinach pesto and a rosette of goat cheese create a dramatic splash of colour for this fresh and vibrant hors d'oeuvre. (.70oz.)



#8340

100 pc. per case
\$100.00 cs.

Cost per Piece
\$1.00 ea.

vegetable



Bacon-Wrapped Scallops

● A mouth-watering combination of plump white sea scallops, wrapped in a strip of lean bacon. Served on a toothpick skewer. (.75oz.)



#625

100 pc. per case
\$96.00 cs.

Cost per Piece
96¢ ea.



Crab Rangoon

● A wonderful blend of crab meat, cream cheese and Oriental flavors wrapped in a wonton skin. (.80oz.)



#366

100 pc. per case
\$76.00 cs.

Cost per Piece
76¢ ea.



Cheese Quesadilla Trumpet

● An exotic blend of fresh julienne vegetables, fresh cilantro, Monterey Jack and cheddar cheese rolled in a flour tortilla trumpet. (.75oz.)



#765

100 pc. per case
\$66.00 cs.

Cost per Piece
66¢ ea.



Andouille Sausage En Croute

● Andouille Sausage and spicy pommery mustard wrapped in puff pastry for a truly unique flavour. (1.0oz.)



#706

200 pc. per case
\$166.00 cs.

Cost per Piece
83¢ ea.



Kabobs

The Hors d'oeuvre Specialists

Shrimp & Andouille Sausage Kabob

● A spicy New Orleans style Andouille sausage skewered with a delicate large shrimp and crisp red and green peppers on a 6" skewer. (1.0oz.)



0415

100 pc. per case
\$138.80 cs.

Cost per Piece
\$1.39 ea.



flavour infusions

**Assorted Chicken
Phyllo Hors
D'oeuvres**

- Chicken Mediterranean
- Chicken and Portabello Mushroom
- Curried Chicken



#54445

144 pc. per case

\$74.88 cs.

48 each flavour

Cost per Piece

52¢ ea.

**Assorted Seafood
Phyllo Hors D'oeuvres**

- Lobster Thermidor
- Crab and Brie
- Shrimp and Ginger Wasabi



#54496

144 pc. per case

\$81.99 cs.

48 each flavour

Cost per Piece

57¢ ea.

**Assorted Vegetable
Hors D'oeuvres**

- Spinach and Feta Cheese
- Mushroom and Leek
- Asparagus and Cheese



#54526

144 pc. per case

\$64.99 cs.

48 each flavour

Cost per Piece

45¢ ea.



Fruit Phyllo Desserts

- Apple, pear & cream cheese
- Blueberry & cream cheese
- Raspberry & cream cheese

#54518

3/48 pc. per case
\$63.50 cs.

Cost per Piece
44¢ ea.



Sausage in a blanket - Variety Pack Hors D'oeuvres

- Smoked and Cheddar Sausages
- Miniature cocktail sausages rolled in a light and fluffy puff pastry

#24588

144 pc. per case
\$36.99 cs.

Cost per Piece
25¢ ea.



Spanakopita Phyllo Hors D'oeuvres

#56049

144 pc. per case
\$64.99 cs.

Cost per Piece
45¢ ea.



Ask about
our
NEW Spinach Dippers



**Jalapeno Slammers
with Cheese**

- 5 lb. case
- Average 75 pc.



#82407

75 pc. per case
\$36.75 cs.

Cost per Piece
49¢ ea.



**Jalapeno Slammers
With Cream Cheese**

- 5 lb. case
- Average 75 pc.



#82417

75 pc. per case
\$36.75 cs.

Cost per Piece
49¢ ea.



**Battered Mozza
Sticks - Oven Ready**

- 5 lb. case
- 21/25 pc. per lb.

#82402

21/25 pc. per lb.
\$36.99 cs.

Cost per Piece
32¢ ea.



Battered Mushrooms

- 5 lb. case
- Average 38 pc. per lb.



#82400

38 pc. per lb.
\$19.99 cs.

Cost per Piece
10¢ ea.

appetizers



Mini Vegetable Springroll

● Approx. 100 per case



#7134

100 pc. per case
\$25.99 cs.

Cost per Piece
26¢ ea.



Eggrolls

- 120/2oz.
- #7014 Egg Rolls Vegetable
- #7017 Egg Rolls Chicken
- #7015 Egg Rolls Meat

120 pc. per case
\$47.99 cs.

Cost per Piece
26¢ ea.



Mini Meat Potstickers

● 80/90 pc.



#7165

80/90 pc. per case
\$25.49 cs.

Cost per Piece
29¢ ea.



Mini Meat Springroll

● Approx. 100 per case



#7135

100 pc. per case
\$25.99 cs.

Cost per Piece
26¢ ea.



Mini Chicken Springroll

● Approx. 100 per case



#7138

100 pc. per case
\$25.99 cs.

Cost per Piece
26¢ ea.



Regular Meat Potstickers

● 50/60 pc.



#7065

50/60 pc. per case
\$22.99 cs.

Cost per Piece
41¢ ea.



Cheddar Cheese Bites - Battered

- 5 lb. case
- Average 32 pc. per lb.

#6891

32 pc. per lb.
\$33.45 cs.

Cost per Piece
21¢ ea.



Battercrisp Scallop Bites

- 5 lb. case
- Average 24/26 pc. per lb.

#3200

24/26 pc. per lb.
\$33.45 cs.

Cost per Piece
27¢ ea.



Battercrisp Shrimp

- 5 lb. case
- Average 35/45 pc. per lb.

#3210

35/45 pc. per lb.
\$43.50 cs.

Cost per Piece
22¢ ea.

Mozzarella Cheese Sticks - Breaded

- 5 lb. case
- Average 20 pc. per lb.

#5161

20 pc. per lb.
\$27.95 cs.

Cost per Piece
28¢ ea.



Phillips™
FOODS, INC.

Asian Rhythms Fried Dim Sum

- 25 pc. Shrimp Spring Rolls
- 25 pc. Shrimp Money Bags
- 25 pc. Shrimp Won Tons

#39016
3/25 pc. per case
\$43.99 cs.
Cost per Piece
59¢ ea.

Asian Rhythms Steamed Dim Sum

- 50 pc. Shrimp Shomai
- 50 pc. Seafood Shomai
- 50 pc. Shrimp Haka

#8311
3/50 pc. per case
\$88.50 cs.
Cost per Piece
59¢ ea.



Trident
SEAFOODS

**Seafood Xtremers -
Cheese & Jalapeno**

● 10 lb. case



#499523

175 pc. per case

\$34.99 cs.

Cost per Piece

20¢ ea.



Shrimp Purses

● 2.2 lb. box



#437400

40 pc. per case

\$15.49 cs.

Cost per Piece

39¢ ea.



**NEW Tataki Sockeye
Salmon**

● 10 lb. case
● 8-12 oz. each



#24588

12-20 pc. per case

\$11.99 lb.

appetizers

breaded shrimp



Medium Oriental Breaded Shrimp

● Average 41/50 pc. per lb.

41/50 pc. per lb.

\$3.48 lb.

Cost per Piece
7¢ ea.



Coconut Breaded Shrimp

● Average 21/25 pc. per lb.

21/25 pc. per lb.

\$4.99 lb.

Cost per Piece
22¢ ea.



Large Oriental Breaded Shrimp

● Average 16/20 pc. per lb.

35/45 pc. per lb.

\$4.99 lb.

Cost per Piece
26¢ ea.

Oven-Ready Shrimp Appetizers

● 12 x 400 g.

12 x 400 g.

\$56.99 cs.

AquaStar



Oriental Shrimp

- 3 lb. case
- 21/25 per box



#79091

21/25 pc. per lb.

\$4.65 lb.

Cost per Piece
20¢ ea.

Wheat

Pepper &
Poppy Water



Vegetable

Original Water

- Prices are subject to change without notice.
- Availability may be limited.

JUST RELEASED

Quality, variety
and flavour
your customers
will savour.

Independent Fish and More

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